

BRUGES

BELGIUM



Programme



Biennial Meeting on
Facial rejuvenation
EASAPS

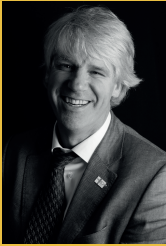
October 17-19, 2019

**1st ISAPS
Resident and
Fellow Congress**

October 17, 2019



ISAPS WELCOME LETTER



ISAPS is very proud to present the 1st Resident and Fellow Congress that will be held in Bruges, Belgium the 17th October 2019.

This will be a great opportunity to learn from the experts on basic anatomy and surgical techniques. Time will also be spent on the more practical issues such as marketing and setting up a practice. Expert masterclasses will be held, focusing on areas in depth. The goal is to allow the future aesthetic plastic surgeons to mingle and mix with peers and make connections, share and compare problems and experiences with residents in training and fellows from all over the world.



The EASAPS biennial congress will be held on the 18th and 19th October and combining this with the ISAPS congress would make a three day, not to be missed event, and EASAPS will also run some parallel sessions targeting residents and fellows, as well as welcoming them to the main meeting that features a dynamic programme on facial rejuvenation.

We would be very happy to welcome you in Bruges and have you take part in this wonderful opportunity to improve your skills, create your future networks, meet experts and of course, have a lovely few days in this beautiful city.

Course Director and EASAPS President

Dr Ivar van Heijningen M.D.

Chair ISAPS Education Council

Dr. Paraskevas (Vakis) Kontoes M.D., Ph.D

06.30	Registration	
07.00	Masterclass1 Basics in Laser Therapy Masterclass2 Basics in Botuline Toxin Therapy Masterclass3 Basics in Filler Therapy	Vakis Kontoes, EC Chair Ivar van Heijningen Gabriela Casabona
08.00	Opening Ceremony ISAPS 1st Resident and Fellow Congress. Ivar van Heijningen, course organiser and Dirk Richter, ISAPS President ISAPS Presentation Vakis Kontoes, EC Chair Welcome residents and Fellows Maria Wiedner, Residents and Fellows Chair	
	Session A Practice Setup and Safety	
08.20	European Standards and ISAPS Global Accreditation	Ivar van Heijningen
08.40	Finance and Insurance	Alison Thornberry
09.00	Business setup and personnel	Kai Kaye
09.20	Marketing/Dealing with competition	Per Hedén
09.40	Marketing - First steps in social media	TBD
10.00	Coffee break	
	Session B Consultation skills	
10.30	Consultation	Serge de Fontaine
10.50	Patient selection	Carlos Parreira
11.10	Documentation: pre-op photography, GDPR, electronic or paper files, etc	
11.30	Interactive discussion	Urs Bösch
	Session C Basics in Aesthetic Surgery - Face	
12.00	Non-surgical	Gabriela Casabona
12.20	Surgical	Mario Pelle Ceravolo
12.40	Facelift	Alexis Verpale
13.00	Lunch	
	Session D Basics in Aesthetic Surgery - Periorbital	
14.00	Lipofilling	Alex Verpaele
14.20	Upper Blepharoplasty & Brow Lift	Dirk Richter
14.40	Lower Blepharoplasty	Vakis Kontoes
	Session E Basics in Aesthetic Surgery - Breast	
15.00	Augmentation/Lipofilling	Susumu Takayanagi
15.20	Reduction	Moustapha Hamdi
15.40	Augmentation Mastopexy	Gianluca Campiglio
16.00	Coffee break	
	Session F Basics in Aesthetic Surgery - Body	
16.30	Liposuction/Lipofilling (Cave BBL)	Magnus Noah
16.50	Abdominoplasty	Maria Wiedner
17.10	Brachioplasty/Thighs	Ulf Samuelson
17.30	Non-surgical	Michel Rouif
17.50	Isaps congress closure	
19.00	Welcome Reception and get together EASAPS and ISAPS at City Hall	

12.30 - 17.30 Instructional Courses

IC 1 Regenerative Medicine - the science behind, longevity, complications

Jerome Stevens

IC 2 Facial rejuvenation

Nigel Mercer

IC 3 Forehead rejuvenation

Birgit Stark

IC 4 Streamlined Rhinoplasty: closed, open, super open

Giovanni Botti

IC 5 Otoplasty

Yves Bruehlmann

IC 6 Laser and EBD enhance the result of facial rejuvenation - scars, vascular and pigmented lesions

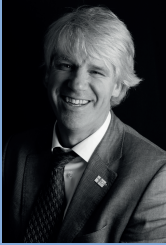
Katharina Russe-Wilflingseder

IC 7 Algorithm for lower eyelid rejuvenation

Dirk Richter

To be defined

EASAPS WELCOME LETTER



As EASAPS president I am honoured that the 2019 EASAPS meeting will be held in Bruges. It will be a pleasure to meet you in one of the most beautiful cities in the world, in the country that is my home. We will be able to spend a few days focusing on our speciality, but we also have the opportunity to catch up with old friends and make new connections that will allow us all to build a strong network in our speciality.

The purpose of EASAPS is to serve our member societies and European aesthetic plastic surgeons and promote the European spirit. Looking forward to meeting you all in Bruges,

*EASAPS President
Ivar van Heijningen*



Please inform all your colleagues about the opportunity to share and compare all aspects of facial rejuvenation during this important event which is targeted to all those interested in the field of aesthetic surgery of the face. The meeting is structured to offer interesting lectures for both young surgeons and those with more experience. This is important to promote the EASAPS vision to convey and work for European education and training within our plastic surgical specialty. We would especially like to invite our younger colleagues to take part. We strongly believe that a European network strengthens our specialty in times of unclear regulation in many countries.

All invited lectures on facial plastic surgery and rejuvenation by the expert faculty members will focus on long-term results, patient safety, refinements of techniques as well as management of complications and adverse events.

According to EASAPS rules, we will also invite all member societies to submit the best presentation held at their National annual meeting to be part of the "Voice of Europe" session.

Young specialists in plastic surgery or those in the last year of residency are also invited to submit an abstract on facial plastic surgery. The best presentation of them will be awarded with a fellowship in aesthetic plastic surgery.

We hope to see you in October 2019!

*Chair of Scientific Committee EASAPS
Birgit Stark*

07.30	Instructional courses: IC 8 Fillers and their complications IC 9 Surgical anatomy of the forehead, face and neck	<i>Apostolos Mandrekas</i> <i>Mario Pelle Ceravolo</i>
08.30	Welcome: President of EASAPS Ivar van Heijningen	
	Session A Strategic planning of rejuvenation Moderators: Per Hedén, Violeta Skorobac	
08.45	Keynote lecture: Maxillofacial analysis of the bony skeleton and remodelling	Ingeborg Watzke
09.15	Body dysmorphic disorders	Ulf Samuelson
09.30	Consultation skills. Analysis of the face	Carlos Parreira
09.45	Soft tissue analysis	Ivar van Heijningen
10.00	Interactive discussion	
10.15	Coffee break	
	Session B Rejuvenation of the forehead and periorbital region Moderators: Gianluca Campiglio, Nigel Mercer	
10.45	Keynote lecture: Periorbital rejuvenation: tips to success	Mario Pelle Ceravolo
11.15	Female versus male rejuvenation of the forehead and periorbital area	Per Hedén
11.30	Case presentation	Susumo Takayanagi
11.45	Case presentation	Carlos Parreira
12.15	Lunch	
	Session C Open versus endoscopic forehead rejuvenation Moderators: Yves Bruehlmann, Timo Pakkanen	
12.45	Case presentation	Birgit Stark
13.00	Case presentation	Michel Rouif
13.15	Debate. Pros and cons: does the temporal lift fulfill patients' expectations? Mario Pelle Ceravolo, Michel Rouif, Birgit Stark	
13.30	Interactive discussion	

Session D Non surgical approach to the face and neck

Moderators: Carlos Parreira, Michel Rouif

13.45	Keynote lecture: Laser and EBD, indications, limitations, long term results	K. Russe-Wilflingseder
14.00	Indication for fat graft versus injectables in facial rejuvenation	Urs Bösch
14.15	TCA and Phenol peels	Apostolos Mandrekas
14.30	Debate: Non-surgical rejuvenation Urs Bösch, Apostolos Mandrekas, Katharina Russe-Wilflingseder	
15.15	Coffee break	
15.45	Session E The Voice of EUROPE Moderator: Iris Brito, Toma Mugea	
17.15	Interactive discussion	
17.30	EASAPS General Assembly	
20.00	Dinner party	

SATURDAY OCTOBER 19, 2019

Day 2 EASAPS Biennial Meeting

07.30	Instructional courses: IC 10 The difficult neck. Indications and solutions for the recurrent bands IC 11 Midface rejuvenation, longevity of results, indications for choice of surgery	<i>Per Hedén</i> <i>Mario Pelle Ceravolo</i>
	Session F Lower eyelid rejuvenation Moderators: Kai Kaye, Mario Pelle Ceravolo	
08.30	Keynote lecture: Indications, pitfalls and long-term outcomes	Dirk Richter
09.00	Case presentation	Yves Bruehlmann
09.15	Case presentation	Carlos Parreira
09.30	Case presentation	Kai Kaye
09.45	Case presentation	Ulf Samuelson
10.00	Interactive discussion	
10.15	Coffee break	

Session G Midface rejuvenation

Moderators: Beatriz Berenguer, Carlos Parreira

10.45

Keynote lecture:

Midface procedures and attention to safety, complication and long-term results

Giovanni Botti

11.15

Case presentation

Alex Verpaele

11.30

Case presentation

Per Hedén

11.45

Case presentation

Birgit Stark

12.00

Interactive discussion

12.15

Lunch

Session H Rejuvenation of lower face and neck

Moderators: Nigel Mercer, Magnus Noah

13.15

Keynote lecture:

Longevity in various lower face and neck procedures

Michel Rouif

13.45

Case presentation

Timo Pakkanen

14.00

Case presentation

Violeta Skorobac

14.15

Case presentation

Susumu Takayanagi

Session I EASAPS/EURAPS Joint session

Moderators: Timo Pakkanen, Fabio Santanelli di Pompeo

14.45

Keynote lecture:

The rationale of aesthetics in reconstructive surgery

Fabio Santanelli di Pompeo

15.15

Expert panel discussion

Panel members: Beatriz Berenguer, Moustapha Hamdi, Nigel Mercer, Magnus Noah

Topics: Education - Media attention - Social media - Other Specialities

16.30

Meeting closure

ISAPS/EASAPS INVITED FACULTY

Berenguer Beatriz, Spain
Bösch Urs, Switzerland
Botti Giovanni, Italy
Brito Iris, Portugal
Bruehlmann Yves, Switzerland
Campiglio Gianluca, Italy
Casabona Gabriela, Brasil
De Fontaine Serge, Belgium
Hamdi Moustapha, Belgium
Hedén Per, Sweden
Kaye Kai, Spain
Kontoes Paraskevas, Greece
Mandrekas Apostolos, Greece
Mercer Nigel, UK
Mugea Toma, Romania
Noah Magnus, Germany
Pakkanen Timo, Finland
Parreira Carlos, Portugal
Pelle Ceravolo Mario, Italy
Richter Dirk, Germany
Rouif Michel, France
Russe-Wilflingseder Katharina, Austria
Samuelson Ulf, Sweden
Santanelli di Pompeo Fabio, Italy
Skorobac Violeta, Serbia
Stark Birgit, Sweden
Stevens Jerome, The Netherlands
Takayanagi Susumu, Japan
Thornberry Alison, UK
van Heijningen Ivar, Belgium
Verpaele Alex, Belgium
Watzke Ingeborg, Austria
Wiedner Maria, Germany



The purpose of EASAPS is to serve our member societies and European aesthetic plastic surgeons promoting the European spirit.

We collect and share relevant information on topics such as aesthetic plastic surgery training, aesthetic education, patient safety, high ethical standards, BIA-ALCL, implant registries, plastic surgeon directories, VAT, legal issues etc...

EASAPS believes in the National Societies as the foundation for every country and will work together with them.

Plastic, reconstructive and aesthetic Surgery is one unified speciality and on European level we intend to work closely with EURAPS to represent all plastic surgeons, where it is our focus to be the representative organisation of aesthetic plastic surgeons.

ISAPS is our worldwide partner where global issues are concerned.

EASAPS MISSION

REGISTRATION FEES

BEFORE JULY 31, 2019

ISAPS residents meeting (17/10)	€ 100,00
EASAPS expert day (17/10)	€ 210,00
EASAPS meeting for residents or nurses (18-19/10)	€ 300,00
EASAPS meeting for specialists (18-19/10)	€ 450,00
Full Package for residents (17-19/10)	€ 325,00
Full Package for specialists (17-19/10)	€ 600,00

FROM AUGUST 1, 2019

ISAPS residents meeting (17/10)	€ 150,00
EASAPS expert day (17/10)	€ 260,00
EASAPS meeting for residents or nurses (18-19/10)	€ 350,00
EASAPS meeting for specialists (18-19/10)	€ 500,00
Full Package for residents (17-19/10)	€ 400,00
Full Package for specialists (17-19/10)	€ 700,00

FROM OCTOBER 1 AND ON-SITE

An additional fee of Euros 100 will be applied on all the registration categories

SOCIAL DINNER

Ticket for social dinner	€ 80,00
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No VAT applied

On-line registration system available from February 2019.

ABSTRACT INFORMATION

Congress delegates are invited to submit abstracts of their scientific work for presentation as a free communication during the EASAPS Biennial Meeting, Facial rejuvenation (October 18-19, 2019)

Submission deadline: 17/06/2019

More information and online submission through www.easaps.org/bruges

GENERAL INFORMATION

Date

October 17/18/19, 2019

Conference venue

Congress centre Oud Sint-Jan,

Bruges, Belgium

<https://oudsintjan.be>

General info

info@easaps.com

Sponsor, abstract and registration enquiries

congress@easaps.org

EACCME credits will be requested
for this meeting

Congress website

www.easaps.org/bruges

 **MZ**
CONGRESSI

Organizing Secretariat

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